

## St. Nicholas Parenting Workshop

### “Helping our kids discover their true identity in Christ”

<b>Reflection</b> -What did your parents do <b>or</b> what should they have done to help lay a strong Christian faith foundation for you growing up?	<b>Goals</b> -As we go through the workshop, list some goals that are important to laying a strong faith foundation for your children.
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.

### Section 1 – Our homes as Little Churches

**Food for thought:** Do you go to church on Sunday because you feel responsible to raise your kids in the church?

**While you watch:** What is the extent of our parental responsibility in raising up our children in the church?

What, ultimately, is our task as parents and what should be our priority for our children?

### Section 2 – Keeping our kids rooted in church, practical steps

**Food for thought:** Do you know of parents who regret that their children are no longer engaged in the church?

Put the following in order of importance as they are now in your life: God, Church, Family  
 How should they be? What do you as a family need to do in order to make this the order it should be?  
 If it's “right”, where is the creep-in that tries to destroy this, what situations cause the tension?

**While you watch:** How soon should we start getting our kids involved with church?

Activities you can do as a family	Parent Activities	Child Activities

How should we prioritize church and family?

### Section 3 – Parents as example- Balance is the key

**Food for thought:** Do you feel that if you were more connected to the church, your child(ren) would have a better connection to the church?

**While you watch:** How do we balance “regular” life and church life?

Why is it important to pray as a family?

What should we teach our kids to do if they disagree with something?

What must we do to raise good children?

What does the world of today try to convince us and our children?

Ultimately, what is our goal as Orthodox Christians?

## Section 4 – Secular 3

**Food for thought:** How was your world growing up different than your kids' world?

**While you watch:** What happened in Secular 2?

What is cross pressure between?

What is the “age of authenticity”?

Instead of just arming them with knowledge about the church, what must we do with our young people?

How can young people be truly themselves?

## Section 5 – Vision for our St. Nicholas Youth

**Food for thought:** Do parents need relationships with other parents?

How can the church serve you better as parents?

What's holding you back?

**Notes:**